

**Dental Policy** 

Subject:	<b>Biological Materials to Aid in Soft Tissue</b>	Publish Date:	03/15/2018
	and Hard Tissue Grafting		
Guidelines #	: 03-401	Last Review Date:	02/06/2018
Status:	Revised		

### Description

This document addresses the materials used for soft and hard tissue grafting whether used alone or in conjunction with other procedures.

Note: Please refer to the following documents for additional information concerning related topics:

- Osseous Surgery: 04-205
- Mucogingival Surgery and Soft Tissue Grafting: 04-204
- Removal (extraction) of teeth: 07-101
- Bone Grafts for Dental Surgical Services: 04-201, 07-901
- Clinical Policy-01 Teeth with Poor or Guarded Prognosis

### **Clinical Indications**

# The use of bone graft substitutes containing natural demineralized bone matrix (DBM) is considered appropriate when used as a bone graft extender, or when autograft is not available.

As it applies to appropriateness of care, dental services are:

- provided by a Dentist, exercising prudent clinical judgment
- provided to a patient for the purpose of evaluating, diagnosing and/or treating a dental injury or disease or its symptoms
- in accordance with the generally accepted standards of dental practice which means:
  - o standards that are based on credible scientific evidence published in peer-reviewed,
  - dental literature generally recognized by the practicing dental community
  - o specialty society recommendations/criteria
  - o any other relevant factors
- clinically appropriate, in terms of type, frequency and extent
- considered effective for the patient's dental injury or disease
- not primarily performed for the convenience of the patient or Dentist
- not more costly than an alternative service.
- dependent on group contract provisions, cosmetic services may not qualify for benefit coverage even though the services may be clinically appropriate.

## Note:

A group may define covered dental services under either their dental or medical plan, as well as to define those services that may be subject to dollar caps or other limits. The plan documents outline covered

benefits, exclusions and limitations. The health plan advises dentists and enrollees to consult the plan documents to determine if there are exclusions or other benefit limitations applicable to the service request. The conclusion that a particular service is medically or dentally necessary does not constitute an indication or warranty that the service requested is a covered benefit payable by the health plan. Some plans exclude coverage for services that the health plan considers either medically or dentally necessary. When there is a discrepancy between the health plan's clinical policy and the group's plan documents, the health plan will defer to the group's plan documents as to whether the dental service is a covered benefit. In addition, if state or federal regulations mandate coverage then the health plan will adhere to the applicable regulatory requirement.

# Criteria

The field of tissue engineering or regenerative medicine is a process by which damaged tissues are regenerated rather than using grafts (autografts, allografts) by developing biological substitutes that restore, maintain or improve tissue function. In dentistry, adjunctive regenerative therapy utilizing biological materials can be used for the treatment of periodontal disease defects of natural teeth and recently dental implants. Anthem considers this procedure to be experimental and investigational as research is limited.

rhBMP (recombinant human bone morphogenic protein) is a synthetic product, and should not be confused with naturally occurring BMPs, which may be present in autologous and allogeneic bone graft materials.

The use of recombinant human bone morphogenetic protein-2 is considered **investigational and not medically necessary** for conditions that do not meet the above criteria (according to Anthem medical clinical guidelines), including but not limited to:

- As an adjunct to cervical or thoracic spinal fusion procedures; or
- As an adjunct to posterior lumbar interbody fusion (PLIF) or transforaminal lumbar interbody fusion (TLIF); or
- · As management of early stages of osteonecrosis of the vascular head or femoral shaft; or
- · As an adjunct to distraction osteogenesis (Iliazarov procedure); or
- Craniofacial applications including, but not limited to, periodontal defect regeneration, cleft palate repair, cranial defect repair, restoration and maintenance of the alveolar dental ridge.

The use of platelet rich plasma (PRP), including autologous conditioned plasma (ACP), is considered **investigational and not medically necessary** for all indications, including the treatment of *any* of the following:

- Cutaneous wounds; or
- · Soft tissue injuries (including periodontal disease and sinus surgery); or
- Bone injuries (including surgically created wounds and non-unions).

When covered by specific group contract, indications for the use of biologic materials must be documented by x-rays, a periodontal charting showing the presence of pocket depths at a minimum of 5mm and a letter of medical necessity from the treating provider.

The use of biological materials will not be considered when used in conjunction with soft tissue grafting, bone grafts, guided tissue regeneration, ridge augmentation, periradicular surgery, placed within extraction sites, or when utilized with other regenerative materials regardless of specific group plan coverage.

Coding

The following codes for treatments and procedures applicable to this document are included below for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member

coverage or provider reimbursement policy. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

CDT	Including, but not limited to, the following:
D4265 D3431	Biologic materials to aid in soft and osseous tissue regeneration Biologic materials to aid in soft and osseous tissue regeneration in conjunction with periradicular surgery
D3432	guided tissue regeneration, resorbable barrier, per site
СРТ	
20999	Unlisted procedure, musculoskeletal system, general [when specified as harvesting and injection of bone marrow aspirate concentrate
HCPCS	
G0460	Autologous platelet rich plasma for chronic wounds/ulcers, including phlebotomy, centrifugation, and all other preparatory procedures, administration and dressings, per treatment [for example, Aurix]
ICD-10 Diagnosis	
K08.20 K08.21 K08.22 K08.23 K08.24 K08.25 K08.26 Q67.4 K06.9 K06.8 J34.9 K08.1 K00.0 K08.0	Atrophy, atrophic – alveolar process or ridge (edentulous) Minimal atrophy of the mandible Moderate atrophy of the mandible Severe atrophy of the maxilla Moderate atrophy of the maxilla Severe atrophy of the maxilla Severe atrophy of the maxilla Atrophy, hemifacial Disease, alveolar ridge, edentulous Disease, specified NEC Disease, nasal Complete loss of teeth, congenital Complete loss of teeth, atrophy due to systemic causes
K08.0 K08.4 K08.401 - K08.404 K08.101 - K08.104 K08.111 - K08.119 K08.12 K08.121 - K08.129 K08.41 K08.411 - K08.419 K08.42 K08.421 - K08.429 K08.43 K08.431 - K08.439 K08.49	Complete loss of teeth, exfoliation of teeth due to systemic causes Partial loss of teeth Partial loss of teeth, unspecified Partial loss of teeth, unspecified (class I – class IV) Complete loss of teeth, unspecified causes Complete loss of teeth –due to trauma Complete loss of teeth due to trauma (class I, class II, class III, class IV) Complete loss of teeth due to periodontal disease Complete loss of teeth due to periodontal disease Complete loss of teeth due to periodontal disease (class I – class IV) Partial loss of teeth due to trauma Partial loss of teeth due to trauma Partial loss of teeth due to periodontal disease Partial loss of teeth due to periodontal disease Partial loss of teeth due to periodontal disease Partial loss of teeth due to caries Partial loss of teeth due to caries Partial loss of teeth due to caries (class I – class IV, unspecified class) Partial loss of teeth due to caries (class I – class IV, unspecified class) Partial loss of teeth due to caries (class I – class IV, unspecified class) Partial loss of teeth due to caries (class I – class IV, unspecified class) Partial loss of teeth due to caries (class I – class IV, unspecified class) Partial loss of teeth due to caries (class I – class IV, unspecified class)

#### Discussion

The use of bone graft substitutes has been widely accepted as the standard of care for many orthopedic conditions, including spinal fusions surgery and degenerative orthopedic conditions when the use of autologous bone graft material is unavailable, or when there is insufficient autograft to meet the needs of the surgical procedure. Such products are usually made from allogeneic bone, but may also be made from non-organic substances such as  $\beta$ TCP, calcium sulfate, hydroxyapatite, or xenographic bone, or any combination of these materials. The purpose of such materials is to provide a scaffold into which new bone forming cells can migrate and proliferate to create new autologous bone.

The use of autologous bone grafts (autografts) is the current "gold standard" bone graft material. The use of bone autografts is believed to provide an optimal combination of matrix or scaffold, growth factors, and osteoprogenitor cells. However, the harvest of autografts is typically associated with donor site pain and morbidity. With some procedures, large amounts of graft material are needed and sufficient quantities of autologous bone may not be available. In such circumstances, conventional allografts, processed allograft products, or synthetic bone graft products have been used. While these types of products have been helpful in allowing surgical procedures to be done in the absence of sufficient autograft, they may be associated with decreased efficacy and safety of autograft.

### Definitions

Allograft - a tissue graft from a donor of the same species as the recipient but not genetically identical.

Autograft – a graft of tissue from one point to another of the same individual's body.

Autologous - cells or tissues obtained from the same individual.

Bone Morphogenic Protein – a group of growth factors also known as cytokines and as metabologens.

Osteogenesis - the formation of bone.

Osteoprogenitor – a mesenchymal cell that differentiates into an osteoblast. Also called preosteoblast.

**Platelet Rich Plasma** - blood plasma that has been enriched with platelets. As a concentrated source of autologous platelets, PRP contains several different growth factors and other cytokines that can stimulate healing of bone and soft tissue.

Xenograft - a tissue graft or organ transplant from a donor of a different species from the recipient.

## References

# Peer Reviewed Publications:

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- 2. Giannobile W, Somerman M. Growth and amelogenin-like factors in periodontal wound healing. A systematic review. Ann Periodontol 2003;8:193-204.
- 3. American Dental Association. CDT 2016. Dental Procedure Codes;34. (©ADA 2015).
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- 5. Materials Today, Volume 14, Issue 3, March 2011, pages 88-95: Biomaterials and Scaffolds for Tissue Engineering; Fergal J. O'Brien
- 6. Yassibag-Berkman Z, Tuncer O, et al. Combined use of platelet-rich plasma and bone grafting with or without guided tissue regeneration in the treatment of anterior interproximal defects. J Perio 2007; 78:801-809.
- 7. American Academy of Periodontology. AAP Commissioned Review. Bone augmentation techniques. J Perio 2007; 78:377-396.
- 8. American Academy of Periodontology. AAP Position Paper. Periodontal regeneration. J Perio 2005; 76:16211622.
- Meyle J, Hoffman T, et al. A multi-center randomized controlled clinical trial on the treatment of intra-bony defects with enamel matrix derivatives/synthetic bone graft or enamel matrix derivatives alone. J Clin Periodontol 2011;38:652-660.
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- 11. Yukna RA and Mellonig JT. Histologic evaluation of periodontal healing in humans following regenerative therapy with enamel matrix derivative. A 10- case series. J Perio 2000; 71:752-759.
- 12. Yan X, Shao-Hua G, et al. A pilot study evaluating the effect of recombinant human bone morphogenic protein-2 and recombinant human beta-nerve growth factor on the healing of class III furcation defects in dogs. J Perio 2010; 81: 1289-1298.
- 13. Markous N, Pepelassi E, et al. The use of platelet--rich plasma combined with demineralized freeze-dried bone allograft in the treatment of periodontal endosseous defects. J Amer Dent Assoc 2010; 141:967-978.

History				
Revision History	Version	Date	Nature of Change	SME
	initial	2/8/17	creation	L Rosen
	Revision	2/6/18	Related policies, Appropriateness/Medical Necessity, criteria	M Kahn

Federal and State law, as well as contract language, and Dental Policy take precedence over Clinical UM Guidelines. We reserve the right to review and update Clinical UM Guidelines periodically. Clinical guidelines approved by the Clinical Policy Committee are available for general adoption by plans or lines of business for consistent review of the medical or dental necessity of services related to the clinical guideline when the plan performs utilization review for the subject. Due to variances in utilization patterns, each plan may choose whether to implement a particular Clinical UM Guideline. To determine if review is required for this Clinical UM Guideline, please contact the customer service number on the member's card.

Alternatively, commercial or FEP plans or lines of business which determine there is not a need to adopt the guideline to review services generally across all providers delivering services to Plan's or line of business's members may instead use the clinical guideline for provider education and/or to review the medical or dental necessity of

services for any provider who has been notified that his/her/its claims will be reviewed for medical or dental necessity due to billing practices or claims that are not consistent with other providers, in terms of frequency or in some other manner.

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