



# Dental Policy

**Subject:** Biological Materials to Aid in Soft and Hard Tissue Grafting

**Guideline #:** 04-203

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## Description

This document addresses the materials used for soft and hard tissue grafting whether used alone or in conjunction with other procedures.

**Note:** Please refer to the following documents for additional information concerning related topics:

- Osseous Surgery: 04-205
- Mucogingival Surgery and Soft Tissue Grafting: 04-204
- Removal (extraction) of teeth: 07-101
- Bone Grafts for Dental Surgical Services: 04-201, 07-901
- Clinical Policy-01 Teeth with Poor or Guarded Prognosis

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## Clinical Indications

The use of bone graft substitutes containing natural demineralized bone matrix (DBM) is considered appropriate when used as a bone graft extender, or when autograft is not available.

As it applies to appropriateness of care, dental services are:

- provided by a Dentist, exercising prudent clinical judgment
- provided to a patient for the purpose of evaluating, diagnosing and/or treating a dental injury or disease or its symptoms
- in accordance with the generally accepted standards of dental practice which means:
  - standards that are based on credible scientific evidence published in peer-reviewed, dental literature generally recognized by the practicing dental community
  - specialty society recommendations/criteria
  - any other relevant factors
- clinically appropriate, in terms of type, frequency and extent
- considered effective for the patient's dental injury or disease
- not primarily performed for the convenience of the patient or Dentist
- not more costly than an alternative service.
- dependent on group contract provisions, cosmetic services may not qualify for benefit coverage even though the services may be clinically appropriate.

**Note:** A group may define covered dental services under either their dental or medical plan, as well as to define those services that may be subject to dollar caps or other limits. The plan documents outline covered benefits, exclusions and limitations. The health plan advises dentists and enrollees to consult the plan documents to determine if there are exclusions or other benefit limitations applicable to the service request. The conclusion that a particular service is medically or dentally necessary does not constitute an indication or warranty that the service requested is a covered benefit payable by the health plan. Some plans exclude

**coverage for services that the health plan considers either medically or dentally necessary. When there is a discrepancy between the health plan's clinical policy and the group's plan documents, the health plan will defer to the group's plan documents as to whether the dental service is a covered benefit. In addition, if state or federal regulations mandate coverage then the health plan will adhere to the applicable regulatory requirement.**

<b>Criteria</b>
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The field of tissue engineering or regenerative medicine is a process by which damaged tissues are regenerated rather than using grafts (autografts, allografts) by developing biological substitutes that restore, maintain or improve tissue function. In dentistry, adjunctive regenerative therapy utilizing biological materials can be used for the treatment of periodontal disease defects of natural teeth and recently dental implants. Anthem considers this procedure to be experimental and investigational as research is limited.

rhBMP (recombinant human bone morphogenetic protein) is a synthetic product, and should not be confused with naturally occurring BMPs, which may be present in autologous and allogeneic bone graft materials.

The use of recombinant human bone morphogenetic protein-2 is considered **investigational and not medically necessary** for conditions that do not meet the above criteria (according to Anthem medical clinical guidelines), including but not limited to:

- As an adjunct to cervical or thoracic spinal fusion procedures; or
- As an adjunct to posterior lumbar interbody fusion (PLIF) or transforaminal lumbar interbody fusion (TLIF); or
- As management of early stages of osteonecrosis of the vascular head or femoral shaft; or
- As an adjunct to distraction osteogenesis (Iliazarov procedure); or
- Craniofacial applications including, but not limited to, periodontal defect regeneration, cleft palate repair, cranial defect repair, restoration and maintenance of the alveolar dental ridge.

The use of platelet rich plasma (PRP), including autologous conditioned plasma (ACP), is considered **investigational and not medically necessary** for all indications, including the treatment of *any* of the following:

- Cutaneous wounds; or
- Soft tissue injuries (including periodontal disease and sinus surgery); or
- Bone injuries (including surgically created wounds and non-unions).

Platelet-rich Fibrin Membrane - Journal of the American Dental Association 148(6) June 2017 pgs. 404 – 406

Systemic review conclusion – The use of platelet-rich fibrin (PRF) membrane did not improve clinical outcomes, root coverage, clinical attachment level, and keratinized mucosal width compared with other treatment modalities. Critical summary assessment – limited evidence on the effects of PRF membrane on the clinical outcomes in the treatment of gingival recession, for which there are no clinical advantages of PRF membranes over other treatment modalities.

When covered by specific group contract, indications for the use of biologic materials must be documented by x-rays, current (within 12 months), dated periodontal charting (6 point periodontal charting as described by AAP and ADA) indicating minimum pocket depth recordings of a minimum of 5mm, and a letter of medical necessity from the treating provider.

The use of biological materials will not be considered when used in conjunction with soft tissue grafting, bone grafts, guided tissue regeneration, ridge augmentation, periradicular surgery, placed within extraction sites, or when utilized with other regenerative materials regardless of specific group plan coverage.

<b>Coding</b>
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*The following codes for treatments and procedures applicable to this document are included below for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement policy. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.*

## **CDT**

*Including, but not limited to, the following:*

D4265	Biologic materials to aid in soft and osseous tissue regeneration
D4266	Guided tissue regeneration – resorbable barrier per site
D3431	Biologic materials to aid in soft and osseous tissue regeneration in conjunction with periradicular surgery

## **CPT**

20999	Unlisted procedure, musculoskeletal system, general [when specified as harvesting and injection of bone marrow aspirate concentrate
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## **HCPCS**

G0460	Autologous platelet rich plasma for chronic wounds/ulcers, including phlebotomy, centrifugation, and all other preparatory procedures, administration and dressings, per treatment [for example, Aurix]
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## **ICD-10 Diagnosis**

K08.20	Atrophy, atrophic – alveolar process or ridge (edentulous)
K08.21	Minimal atrophy of the mandible
K08.22	Moderate atrophy of the mandible
K08.23	Severe atrophy of the mandible
K08.24	Minimal atrophy of the maxilla
K08.25	Moderate atrophy of the maxilla
K08.26	Severe atrophy of the maxilla
Q67.4	Atrophy, hemifacial
K06.9	Disease, alveolar ridge, edentulous
K06.8	Disease, specified NEC
J34.9	Disease, nasal
K08.1	Complete loss of teeth
K00.0	Complete loss of teeth, congenital
K08.0	Complete loss of teeth, exfoliation of teeth due to systemic causes
K08.4	Partial loss of teeth
K08.40	Partial loss of teeth, unspecified
K08.401 – K08.404	Partial loss of teeth, unspecified (class I – class IV)
K08.101 – K08.104	Complete loss of teeth, unspecified causes
K08.11	Complete loss of teeth –due to trauma
K08.111 – K08.119	Complete loss of teeth due to trauma (class I, class II, class III, class IV)
K08.12	Complete loss of teeth due to periodontal disease
K08.121 – K08.129	Complete loss of teeth due to periodontal disease (class I – class IV)
K08.41	Partial loss of teeth due to trauma
K08.411 – K08.419	Partial loss of teeth due to trauma, (class I – class IV; unspecified class)
K08.42	Partial loss of teeth due to periodontal disease
K08.421 – K08.429	Partial loss of teeth due to periodontal disease (class I – class IV, unspecified class)
K08.43	Partial loss of teeth due to caries
K08.431 – K08.439	Partial loss of teeth due to caries (class I – class IV, unspecified class)
K08.49	Partial loss of teeth due to other unspecified causes
K08.491 – K08.499	Partial loss of teeth due to other unspecified causes (class I – class IV, unspecified class)

## Discussion/General Information

The use of bone graft substitutes has been widely accepted as the standard of care for many orthopedic conditions, including spinal fusions surgery and degenerative orthopedic conditions when the use of autologous bone graft material is unavailable, or when there is insufficient autograft to meet the needs of the surgical procedure. Such products are usually made from allogeneic bone, but may also be made from non-organic substances such as  $\beta$ TCP, calcium sulfate, hydroxyapatite, or xenographic bone, or any combination of these materials. The purpose of such materials is to provide a scaffold into which new bone forming cells can migrate and proliferate to create new autologous bone.

The use of autologous bone grafts (autografts) is the current "gold standard" bone graft material. The use of bone autografts is believed to provide an optimal combination of matrix or scaffold, growth factors, and osteoprogenitor cells. However, the harvest of autografts is typically associated with donor site pain and morbidity. With some procedures, large amounts of graft material are needed and sufficient quantities of autologous bone may not be available. In such circumstances, conventional allografts, processed allograft products, or synthetic bone graft products have been used. While these types of products have been helpful in allowing surgical procedures to be done in the absence of sufficient autograft, they may be associated with decreased efficacy and safety of autograft.

## Definitions

**Allograft** - a tissue graft from a donor of the same species as the recipient but not genetically identical.

**Autograft** – a graft of tissue from one point to another of the same individual's body.

**Autologous** - cells or tissues obtained from the same individual.

**Bone Morphogenic Protein** – a group of growth factors also known as cytokines and as metabologens.

**Osteogenesis** - the formation of bone.

**Osteoprogenitor** – a mesenchymal cell that differentiates into an osteoblast. Also called preosteoblast.

**Platelet Rich Plasma** - blood plasma that has been enriched with platelets. As a concentrated source of autologous platelets, PRP contains several different growth factors and other cytokines that can stimulate healing of bone and soft tissue.

**Xenograft** – a tissue graft or organ transplant from a donor of a different species from the recipient.

## References

### Peer Reviewed Publications:

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2. Giannobile W, Somerman M. Growth and amelogenin-like factors in periodontal wound healing. A systematic review. *Ann Periodontol* 2003;8:193-204.
3. American Dental Association. CDT 2016. Dental Procedure Codes;34. (©ADA 2015).
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5. *Materials Today*, Volume 14, Issue 3, March 2011, pages 88-95: Biomaterials and Scaffolds for Tissue Engineering; Fergal J. O'Brien
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History				
Revision History	Version	Date	Nature of Change	SME
	initial	2/8/17	creation	Rosen
	Revision	2/6/18	Related dental policies, appropriateness and medical necessity	M Kahn

Federal and State law, as well as contract language, and Dental Policy take precedence over Clinical UM Guidelines. We reserve the right to review and update Clinical UM Guidelines periodically. Clinical guidelines approved by the Clinical Policy Committee are available for general adoption by plans or lines of business for consistent review of the medical or dental necessity of services related to the clinical guideline when the plan performs utilization review for the subject. Due to variances in utilization patterns, each plan may choose whether to implement a particular Clinical UM Guideline. To determine if review is required for this Clinical UM Guideline, please contact the customer service number on the member's card.

Alternatively, commercial or FEP plans or lines of business which determine there is not a need to adopt the guideline to review services generally across all providers delivering services to Plan's or line of business's members may instead use the clinical guideline for provider education and/or to review the medical or dental necessity of services for any provider who has been notified that his/her/its claims will be reviewed for medical or dental necessity due to billing practices or claims that are not consistent with other providers, in terms of frequency or in some other manner.

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