2012 Clinical Practice Guidelines Updated and Approved

This provider bulletin applies to the UniCare Health Plan of West Virginia, Inc. Medicaid Managed Care Program.

As part of our commitment to provide you with the latest clinical information and educational materials, we have adopted nationally recognized clinical practice guidelines, access to which we make available to providers through our website. The guidelines, which we use for our quality programs, are based on reasonable medical evidence, and are reviewed for content accuracy, current primary sources, the newest technological advances and most recent medical research. We have created links from our website to these guidelines.

UniCare Health Plan of West Virginia, Inc. (UniCare) recently updated its Clinical Practice Guidelines. Our Physician Quality Improvement Committee reviews these changes at quarterly meetings. Guidelines sites are checked and updates to the list can occur throughout the year. For a current list of guidelines, refer to our website.

The guidelines are available online at www.unicare.com by following these easy steps:

- Enter www.unicare.com into the URL address field of your search engine. Click the OTHER UNICARE WEBSITES: Providers on the bottom right corner of the screen
- Under Resources for: , click on State Sponsored Plan providers
- Under the State Sponsored Plans heading, click on the West Virginia – Medicaid Managed Care link
- Under the heading Quality Improvement Program, open the link titled Clinical Practice Guidelines

We have updated the following guidelines and information on our website:

**Diabetes**

American Diabetes Association (ADA) - 2012 Clinical Practice Recommendations

Diabetes Care. Vol. 35, Supplement 1, January 2012

**COPD**

Global Initiative for Chronic Obstructive Lung Disease (GOLD)


**Maternity/Perinatal**

American College of Obstetrics and Gynecology/American Academy of Pediatrics

Guidelines for Perinatal Care (6th edition, 2007)

(A summary of the 2012 guidelines is available on our web site; guidelines are not freely available)
Note: In an effort to streamline the number of guidelines, we have removed guidelines for the following conditions:

- Musculoskeletal
- Obesity
- Oncology
- Chronic Kidney Disease
- Tobacco
- and Metabolic Syndrome

We have added new Behavioral Health Guidelines. Our list includes guidelines for the following conditions:

- Depressive Disorder
- Bipolar Disorder
- Identification and Treatment of Antenatal Depression (AND), Postpartum Depression (PPD) and Postpartum Psychosis (PPP)
- Substance Use Disorders
- Attention Deficit/Hyperactivity Disorder

The behavioral health guidelines are based on information from the American Psychiatric Association and the American Academy of Child and Adolescent Psychiatry.

For More Information

Benefit plans differ and UniCare may not provide coverage for all services discussed in the Clinical Practice Guidelines. If you are uncertain regarding coverage of a particular service, please contact our Customer Care Center at 1-800-782-0095 for more information.